









(as assessed by t test); this clearly show that digital anthropometry, which is independent of subject's movement/sway as well as most ambient detrimental factors eg., noise, temperature or observer-subject interaction allows for good to excellent measurement performance of observers in the absence of specific time-consuming training.

In conclusion, the Breuckmann BodySCAN revealed a reliable and effective tool for digital anthropometry comparing well with traditional manual procedures as well as allowing for reproducible measurements in the absence of specific anthropometric training.

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